



Stellar Group

Research | Strategy | Impact

SCHOOL HEALTH COLLABORATIVE - 2024 QUARTER 3 SESSION

September 19, 2024; 11:00-1:00pm

WELCOME AND OVERVIEW

Funded by the Federal Centers for Disease Control and Prevention (CDC) Healthy Schools Grant, Stellar Group has been subcontracted through RMC Health to facilitate the School Health Collaborative (the Collaborative) through June 2025. This session of the Collaborative is the Quarter Three 2024 meeting. The session began with an overview of the agenda:

- » *Panel on Naloxone Kit Implementation*
- » *Priorities and Goals for the Coming Year*
- » *Looking Forward: 2023 YRBS Data Brainstorming*
- » *Updates and Announcements*

PANEL ON NALOXONE KIT IMPLEMENTATION

Panelists

- » *Pat Sidmore, Program Coordinator, School Health, Safety, and Alternative Education Team, Alaska DEED*
- » *Tim Easterly, Program Coordinator, Office of Substance Misuse and Addiction Prevention (OSMAP), Alaska DOH & Project HOPE*
- » *Wendy Williams, RN, School Health Nurse Consultant, Alaska DOH*
- » *Shirley Sakaye, Director of Communications, Alaska DOH*

The four panelists (listed above) offered their expertise on the implementation of [HB 202](#). Pat Sidmore touched on the naloxone administration virtual training offered through DEED; Tim Easterly discussed details of kit distribution to school districts across Alaska; Wendy Williams shared the school nurse perspective; and Shirley Sakaye gave a presentation on DOH's marketing plan for promoting naloxone kits information across Alaska.

The implementation of HB 202 has been a coordinated effort across DEED and OSMAP (DOH). DEED has prioritized naloxone kit training to school administrators while OSMAP has prioritized naloxone kit distribution. To date, OSMAP has distributed naloxone kits to all 54 school districts. Now that kits are distributed, OSMAP is shifting priorities to move into establishing lines of communication and feedback loops regarding kit use, replacements, expiration dates, etc. As it stands, OSMAP will communicate with district representatives, who will be responsible for relaying information to administrators within their district/schools, and vice versa. Most importantly, district representatives will need to report to OSMAP when kits

are used. Communication will include encouraging school administrators, educators, and students to take advantage of DEED's training. One benefit of using DEED's eLearning platform to administer trainings is the ease of data collection through the site.

DOH has been working on supporting school staff and the reach of this bill across Alaska. Specifically, Wendy Williams is supporting school nurses and Shirley Sakaye is directing DOH's messaging of the bill. DOH is ensuring that distribution and training on the naloxone kits coincide with the national medication administration standards that school nurses are required to follow for their RN licensure. Fortunately, HB 202 provides training education for school staff, and DOH has access to other state resources through the National Association of School Nurses. School nurses provide care for 77% of Alaska's school aged children. For the 23% of students with no access to school nurses, there are opportunities to collaborate with School Based Health Centers and Community Health Centers for naloxone education, training, and potential administration (a rural school safety and health community of practice will begin this Fall). Under the guidance of Commissioner Hedberg, DOH is promoting a unified marketing campaign to promote HB 202. The campaign involves pushes via social media and ads in airports, on public transportation, and posters. The messaging revolves around an immediate response for kit distribution and training, overdose prevention and education for families and providers, and stories surrounding treatment and recovery, focusing on destigmatization and stories from youth. Websites are currently being updated, but more information will be found at opioids.alaska.gov and findtreatment.org.

Once panelists spoke, discussion arose around using the Collaborative to make connections with individuals and departments to continue to broadcast naloxone kit training, education, and messaging. Specifically utilizing Schools Specialists and DOH tobacco group as a resource for promoting information in rural Alaska and communicating with after school programs about HB 202. There is also opportunity for the Collaborative to utilize the CDC health teachers and principals survey to brainstorm Alaska specific questions for the 2025 survey to ask about naloxone kit implementation (and other questions).

PRIORITIES AND GOALS FOR THE COMING YEAR

Throughout the panel it was discussed that the Collaborative is a useful space for the sharing of information. A mural board was shared with a visual of the Collaborative's mission statement and how DEED and DOH can have overlapping priorities. Participants shared other groups outside of DEED and DOH who are essential collaborators to promote the links between health and academics: [Advisory Board on Alcohol and Drug Abuse](#), [Alaska Mental Health Board](#), [Association of Alaska School Boards](#), [Council on Domestic Violence and Sexual Assault](#), [Department of Public Safety](#), [Department of Transportation](#), [SERRC](#), [Alaska's Educational Resource Center](#), [Statewide Suicide Prevention Council](#). This spurred reflection on the mission statement of the Collaborative (written when the Collaborative began in 2012) and its current relevancy.

School Health Collaborative Shared Mission:

"It is important that all programs affecting school and student health, whatever the subject matter, have shared school health messaging promoting the link between health and academics."

The Collaborative has evolved since its inception over a decade ago, but it remains a space for connection, information sharing and *collaboration*. Participants feel strongly about using the space for Alaska State Departments to connect and provide support on initiatives and programming activities, share ideas and information on projects, support different Department's work towards core Alaska goals, and provide a collaborative space for various funding sources.

For the coming year, a pre-meeting poll was distributed to Collaborative members on September 13th prior to the session to learn about the key priorities and topics of attendees. The results for the poll were:

- » *How Alaska can best use the 2023 Youth Risk Behavior Survey data*
- » *Mental and behavioral health in schools*
- » *Alaska Health Education Standard update*
- » *School Health Profiles data use*
- » *Children and youth with special health care needs in Alaska program*
- » *Substance use: tobacco, vaping, smoking*
- » *Social media and cell phone use in schools: data, policy, etc.*
- » *Chronic disease and injury prevention and education (diabetes, TB, etc.)*
- » *Physical education, health education, and support for health educators*
- » *School Based Health Centers*
- » *Youth Alliance for a Healthier Alaska (YAHA) panel*

Most importantly, the collaborative needs to hold time and space for discussion of any immediate current events/topics. The potential topics for discussion are extensive and ever growing.

LOOKING FORWARD: 2023 YRBS DATA BRAINSTORMING

Jenna Test, YRBS manager for AK DOH, shared an update on the data analysis and sharing of the 2023 YRBS results. [2023 Statewide YRBS dashboard](#) is available, with district level data to be released in the coming weeks. Although 2025 YRBS questions had to be submitted to the CDC in August, moving forward the Collaborative can be a space for developing future questions for the survey, and will be essential for assisting the cross-analysis of data to inform projects and programs across DEED and DOH. The next big topic will be how to broadly share the YRBS data with Alaska.

UPDATES AND EVENTS

If you have any updates or events to share prior to Collaborative sessions, please email either Kate Stockly (KateS@stellargp.com) or Kim Fitzgerald (Kimberly@stellargp.com).

TOBACCO PREVENTION AND CONTROL PROGRAM UPDATE - BEA PULLEKINES

We've added a couple new posters to the School Vaping Toolkit. Posters are now available for elementary, middle, and high school. Resources can be viewed and ordered at <https://alaskaquitline.com/e-cigarette-resource-list/>.

YOUTH RISK BEHAVIOR SURVEY UPDATE - JENNA TEST

The 2023 [YRBS statewide dashboard is now available](#). It is anticipated that the district level data will be released later this fall. Any data requests can be submitted [here](#). We are gearing up for the 2025 survey. AK suggestions and edits to the questionnaire have been submitted, and we are awaiting final approval from the CDC. Once obtained the questionnaire will be posted to our [website](#). The 2025 survey will be administered electronically. We are hopeful electronic administration of the survey will reduce some of the burdens associated with administering the survey for school staff and will make it easier for students to participate.

ADOLESCENT HEALTH STRATEGIC PLANNING- LINDSAY HAMMER

The SOA Adolescent Health program will be wrapping up strategic planning end of this month and will hopefully have published documents ready by end of October for the community and partners, as well as a clearer path forward in aligning the AH program with Alaska’s needs. From this process there will also be 5 Adolescent Health fact sheets as part of the public documents that may be useful for the group. For more information, contact Lindsay.Hammer@alaska.gov.

SCHOOL BASED HEALTH CENTER CONTRACTS - LINDSAY HAMMER

School Based Health Center project has begun their TA sessions for the awardees and general communities. The dates and topics are:

- » **9/24** SBH101
- » **10/29** Data Deep Dive/ Self-Assessment
- » **November and December** 1:1 with funded organizations schedule
- » **1/28** Nuts/Bolts (youth perspective) (Alaska organization 15 mins)
- » **2/25** Nuts/Bolts (youth perspective) (Alaska organization 15 mins)
- » **3/25** Marketing (Alaska organization 15 mins)
- » **4/29** Marketing (Alaska organization 30 mins)- contract
- » **5/27** Site Sharing/Impact Presentations

School Based Health Center awardees are:

Awarded Organizations and School Sites	Borough
Central Peninsula Hospital	
Nikiski Middle and High School	Kenai Peninsula
Christian Health Associates	
West High School	Anchorage
Romig Middle School	Anchorage
Central Middle School	Anchorage
Wendler Middle School	Anchorage
Haines Borough School District	
Haines High School	Haines
Nenana City School District	

Nenana City School	Yukon-Koyukuk
Northwest Arctic Borough School District	
The Ambler School	Northwest Arctic
The Buckland School	Northwest Arctic
The Deering School	Northwest Arctic
The Kiana School	Northwest Arctic
Kisimigiugtuq School	Northwest Arctic
The Kobuk School	Northwest Arctic
Kotzebue Middle High School	Northwest Arctic
Napaaqtugmiut School	Northwest Arctic
Aqqaluk School	Northwest Arctic
Davis Ramoth School	Northwest Arctic
The Shungnak School	Northwest Arctic
Petersburg Medical Center	
Stedman Elementary School	Petersburg
Mitkof Middle School	Petersburg
Petersburg High School	Petersburg
Volunteers of America Alaska	
Specialized Academic Vocational Education (SAVE) High School	Anchorage

2024-2025 SCHOOL HEALTH ECHO SERIES

The [2024-2025 School Health ECHO Series](#) began September 2024! Sessions will occur the first Tuesday of each month from 2:30-3:30pm AKT. This series is intended for all professionals in education and youth care settings. Follow the link to register for the School Health ECHO Series.

2024-2025 EVENTS

The [2024-2025 School Health Events list](#) is continuously updated. The list contains events, event date, and other important dates and notes about the event. Use the link provided to scroll through the list. If you have any events or additional information to add to the list, please email either Kate Stockly (KateS@stellargp.com) or Kim Fitzgerald (Kimberly@stellargp.com).

Currently included on the list (with more information about each in the [Google Sheet](#)):

- » Oct 12: DEED Virtual Pre-Conference - Data Highlights: A Year in Focus
- » Oct 17-19: The Alaska Federation of Natives Annual Convention
- » Oct 18-19: SHAPE Alaska Annual Conference
- » Oct 22-23: Stronger Together: Unity in Peer Support: AK Peer Support Conference
- » Nov 7-10: Association of Alaska School Boards (AASB) Annual Conference
- » Nov 20: Alaska Out-of-School Time Conference - Preconference Institute
- » Nov 21-22: Alaska Out-of-School Time Conference

- » Nov 21-22: Alaska School Counselor Conference
- » Dec 8: ALASBO Pre-Conference
- » Dec 9-12: ALASBO Annual Conference
- » Jan 24-26: AK Council of School Administrators MTSS/RTI Conference
- » Jan 28-30: Alaska Public Health Association Health Summit
- » March 5-6: Prevention Summit for Domestic Violence & Sexual Assault
- » March 6-8: ASBO Leadership Forum
- » Mar 29 - Apr 2: Legislative Fly-In
- » April 1-5: SHAPE America National Conference

SEPT 19 ATTENDANCE

- » *Andrea Fenaughty, Deputy Section Chief, Chronic Disease Prevention Health Promotion, AK DOH*
- » *Bea Pullekines, Public Health Specialist, Youth Specialist, Tobacco Prevention and Control Program, AK DOH*
- » *Carly Adams, AK Youth Risk Behavior Survey Data Manager/Analyst, Chronic Disease Prevention Health Promotion, AK DOH*
- » *Danielle Redmond, Prevention Program Coordinator, Council on Domestic Violence & Sexual Assault, AK Department of Public Safety*
- » *Jenna Test, Youth Risk Behavior Survey Manager, Chronic Disease Prevention Health Promotion, AK DOH*
- » *JJ Johnston, Office of Substance Misuse and Addiction Prevention, AK DOH*
- » *Lauren Kelsey, Public Health Specialist, Physical Activity and Nutrition Program, AK DOH*
- » *Lindsay Hammer, Adolescent Health Project Coordinator, Women's, Children's and Family Health, AK DOH*
- » *Lisa Morley, Criminal Justice Planner, Alaska's Council on Domestic Violence & Sexual Assault, AK Department of Public Safety*
- » *Micki Dunn, Education Specialist, School Health, Safety, and Alternative Education, AK DEED*
- » *Montana Brown, Lead Professional Learning Facilitator, RMC Health, Healthy Schools Alaska Contract Lead*
- » *Naomi Davidson, Healthy Schools Specialist, School Health Program, AK DOH*
- » *Pat Sidmore, Program Coordinator, School Health, Safety, and Alternative Education, AK DEED*
- » *Sharon Fishel, Education Specialist, School Climate, AK DEED*
- » *Shirley Sakaye, Director of Communications, AK DOH*
- » *Tim Easterly, Program Coordinator, Office of Substance Misuse and Addiction Prevention, Project HOPE, AK DOH*
- » *Waverli Stowe, Program Specialist, School Wellness, Farm to School Program Coordinator, Child Nutrition Programs, AK DEED*
- » *Wendy Williams, RN, School Health Nurse Consultant, AK DOH*

FACILITATORS

- » *Kate Stockly and Kimberly Fitzgerald, The Stellar Group*