



Stellar Group

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## SCHOOL HEALTH COLLABORATIVE - 2024 QUARTER 2 SESSION

July 15, 2024  
Via Zoom  
11:00-1:00pm

### ATTENDANCE

#### FACILITATORS

- » *Kate Stockly and Kimberly Fitzgerald, The Stellar Group*

#### ATTENDEES

- » *Andrea Fenaughty, Deputy Section Chief, Chronic Disease Prevention Health Promotion, AK DOH*
- » *Bea Pullekines, Public Health Specialist, Tobacco Prevention and Control Program, AK DOH*
- » *Jenny Baker, Adolescent Health Project Coordinator, Women's, Children's and Family Health, AK DOH*
- » *Karol Fink, AK Youth Risk Behavior Health Program Manager, AK DOH*
- » *Lauren Kelsey, Public Health Specialist, Physical Activity and Nutrition Program, AK DOH*
- » *Lindsay Hammer, Adolescent Health Project Coordinator, Women's, Children's and Family Health, AK DOH*
- » *Micki Dunn, Education Specialist, AK DEED, School Health, Safety, and Alternative Education*
- » *Dr. Mishelle Nace, Pediatrician, AK DOH; Foundation Health Partners*
- » *Montana Brown, Lead Professional Learning Facilitator, RMC Health, Healthy Schools Alaska Contract Lead*
- » *Naomi Davidson, Healthy Schools Specialist, School Health Program, AK DOH*
- » *Pat Sidmore, Program Coordinator, School Health, Safety, and Alternative Education, AK DEED*

### WELCOME AND OVERVIEW

Funded by the Federal Centers for Disease Control and Prevention (CDC) Healthy Schools Grant, Stellar Group has been subcontracted through RMC Health to facilitate the School Health Collaborative (the Collaborative) through June 2025. This session of the Collaborative is the Quarter Two 2024 meeting. The session began with each attendee introducing

themselves to the School Health Collaborative and Stellar provided a brief overview of the agenda.

## PROJECT UPDATES AND INFORMATION-SHARING

### NALOXONE KITS, HB 202 - PAT SIDMORE (DEED)

In 2024 [HB 202](#) was passed saying that all schools in Alaska need to have two Naloxone kits on property, with at least one kit at all school activities and events, and a minimum of one individual trained to use the kits on school property and at all events, at all times. Alaska Department of Early Education and Development (DEED) and the Office of Substance Misuse and Addiction Prevention (OSMAP) has created a widely available, 15-minute eLearning training module on how to use the kits. DEED anticipates further collaboration with Alaska Association of School Boards (AASB) will be necessary to assist in writing policy for school districts, and coordination with Project HOPE may be helpful for kit distribution and replacement. To raise awareness about the new law, the Collaborative discussed holding informational sessions about the bill at the School Safety and Wellbeing Conference in September 2024; along with Pat Sidmore and Lindsay Hammer hoping to attend the [AASB conference](#) (November 7-10, 2024) to learn more. Jenny Baker from Adolescent Health expressed interest in assisting with additional Naloxone education and training for youth across school districts.

### MEDICAID IN SCHOOLS GRANT UPDATE - PAT SIDMORE (DEED)

Alaska has been awarded a federal grant to receive technical assistance for the expansion of Medicaid in School's implementation. The grant lead is Leah Van Kirk (DOH Commissioner's office, Health Care Policy Advisor). Full implementation of the bill is a few years off, but assistance is necessary to walk the delicate balance to implement this bill without increasing the burden on school staff.

### SCHOOL SAFETY AND WELLBEING SUMMIT UPDATE - LAUREN KELSEY (DOH)

[The School Safety and Wellbeing Summit](#) will be held September 24-26, 2024 in Anchorage, hosted by the Department of Health (DOH) (2025 Summit will be hosted by DEED). The theme of the 2024 Summit is "Finding Our Anchors." Health education and inclusion for rural Alaska is a priority of the Summit. Currently, there are 182 summit registrants for the various workshops. Workshop sessions will not be available via Zoom. The planning team is still reaching out to presenters (check the website/agenda to see if you made the presenters list). The planning team is still looking for Summit sponsorships/donations.

### UAA ECHO SERIES - LAUREN KELSEY (DOH)

Planning is in progress for the 2024-2025 UAA School Health ECHO series. For the 2024-2025 season School Health sessions will occur every fourth Tuesday from 3:30-4:30pm, September through May. There is hope to potentially use some of these sessions as an opportunity to share and highlight intersecting Youth Behavior Risk Survey (YRBS) data. The connection between social media and mental health in youth has been highlighted as a topic of interest. If anyone is interested in presenting a topic during a session, reach out to liaison, Lauren Kelsey, [lauren.kelsey@alaska.gov](mailto:lauren.kelsey@alaska.gov).

## SCHOOL BASED HEALTH CENTER CONTRACTS - LINDSAY HAMMER (DOH)

School Based Health Center contracts have been approved and distributed. Eight contracts awarded across Alaska; DOH is currently waiting to receive signed contracts from awardees before publicly announcing recipients. Recipients will receive support through June 2025 and DOH is currently looking for funding opportunities to continue support past June 2025.

## SCHOOL HEALTH PROFILE DATA - NAOMI DAVIDSON (DOH)

The 2024 School Health Profiles (Profiles) survey data collection has concluded, meeting all Centers for Disease Control and Prevention (CDC) survey respondent goals and requirements. To support data collection, adjustments were made in survey advertising, utilizing list serves and creating a [Profiles Survey fact sheet](#). 2022 data is available on the [CDC School Health Profiles Explorer dashboard](#), where Alaska's data can be compared to other states' data. Historically, the Profiles data is underutilized, however this data in conjunction with YRBS data could be useful to compare student vs. administrator perceptions of Alaskan schools. It will be essential for the Collaborative to discuss how to share Profiles data across Alaska using a big picture lens to see data connections across the state. Preparation for the 2026 Profiles survey is underway and there is an opportunity to add Alaska-specific questions to the survey. Feel free to share any thoughts on data, new/rewording questions to Naomi Davidson, [naomi.davidson@alaskagov](mailto:naomi.davidson@alaskagov).

## HEALTHY SCHOOLS TRAINING AND TECHNICAL ASSISTANCE - MONTANA BROWN (RMC)

RMC Health is currently contracted with Alaska Department of Health for a seven year contract to provide technical assistance around implementation of the [CDC Health Schools Whole School Whole Community Whole Child model](#) (WSCC Model) in Alaska school districts. Montana Brown is the project lead at RMC, working closely with Lauren Kelsey and Naomi Davidson in Alaska. RMC will be piloting implementation of the WSCC Model in the Kuspuk School District, with a project goal to use the WSCC Model to support school health infrastructure to improve student success. RMC is working closely with Alaska Physical Activity and Nutrition program to create culturally appropriate WSCC Model application fact sheets and hold workshops and professional development trainings for the Kuspuk School District staff. They hope to use YRBS data for up-to-date references. It was discussed how applying these national models to Alaska's unique school district circumstances can be a challenge, specifically surrounding sexual health.

## 2023 YRBS DATA PRESENTATION - ANDREA FENAUGHTY (DOH)

### DATA OVERVIEW

Andrea Fenaughty introduced the 2023 results of the Youth Risk Behavior Surveillance (YRBS) Survey and was pleased to report that the CDC assessed and deemed the 2023 statewide data to be representative, even though the second largest school district in Alaska did not participate in YRBS data collection. She presented 17 (out of hundreds) YRBS data points, along with multi-year trend lines that indicated whether the 2023 data showed significant changes since 2019, the last time YRBS was done in Alaska. The YRBS data team is working hard to analyze and communicate data via a new online dashboard, which will be available

toward the end of July. The Collaborative discussed opportunities to design crosstab analyses and collaborate on interpretation and distribution of data and analysis for use by various programs. There is special interest in exploring the connection between physical and mental health – for example, related to social media use, tobacco and anxiety, and physical activity and anxiety levels. Collaborative members expressed interest in working together to organize and make requests. This conversation will continue at the next School Health Collaborative meeting in September.

\*Data analysis requests can be made via email, [YRBS@alaska.gov](mailto:YRBS@alaska.gov), and through <https://www.surveymonkey.com/r/XXKHDF9>

## 2025 YRBS QUESTIONNAIRE

The 2025 YRBS survey will be conducted electronically. The implementation of the online survey decreases the timeline available for survey feedback and modifications. Andrea’s team is waiting for the CDC to release the YRBS standard survey (estimated to be released July 17) and turnaround time for AK survey questions will be mid-August. The YRBS team will reach out to subject matter experts to efficiently receive feedback on the YRBS survey; instructions and dates will be circulated soon.

## NEXT STEPS

Next School Health Collaborative session will occur September 2024, facilitated by Stellar Group. Please be on the lookout for an email notification of a meeting time and agenda.