



Teaching Progression:



Step 3: Help as Asked

GUIDING QUESTIONS:

How can I provide help to someone in need?

NHES PERFORMANCE INDICATORS:

(8.2.2) Encourage peers to make positive health choices. (8.2.2)

VALUABLE VOCABULARY:

peers,
help



SUGGESTED LEARNING ACTIVITY 1:

Explain to students that to help someone they must then take action. This means following through on what they said they would do.

In order to make sure we follow through on the help being asked, we should say to the person what we will do to help. Read students an agreed upon next step for how they will help. Then, ask students to say what they will do to help using the *Language of Health Literacy*.

Language of Health Literacy:

I will _____ to help _____

I plan to _____ to help _____

Are you feeling better about _____?

TEACHING NOTES:

- Model and provide the *Language of Health Literacy* to support student responses.