



Access Valid & Reliable Resources

Grades PreK-2

Language of Health Literacy:

Trust means ____.
I trust people when ____.
I trust people who ____.
I trust ____.
They help me with ____.

Step 1



Step 1: Identify Trusted Adults

Sub Skills:

- Define trust and safety
- Describe trusted adults
- Pick a trusted adult based on need

I would go to ____.
They would help me ____.
I go to ____ when ____.
I can go to ____ for ____.
I will call that trusted adult.
I will go to ____.
I will ask ____ to help me find ____.

Step 2



Step 2: Find a Trusted Adults

Sub Skills:

- Know "go-to" trusted adults
- Ask for help
 - Call a trusted adult
 - Go directly to a trusted adult
 - Have a trusted adult help find a trusted professional or other adult who can help