

RMC Culture Audit

This survey has been developed in support of the Wellness Initiative at RMC. The purpose of this survey is to examine your perceptions of RMC's overall work climate. We understand that you might work on a number of projects and have a variety of supervisors, however, we are trying assess employee perception of RMC's work climate overall. Please answer the questions honestly, the survey is anonymous and will be summarized by Jill Elnicki. The results will be presented to the staff in January.



Survey Page 1

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1 Please indicate your level of agreement with the following statements:

1 Strongly Disagree	2 Disagree	3 Agree	4 Strongly Agree	N/A
I am not overstressed at work.				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
RMC promotes a healthy balance between work and personal life.				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am not likely to experience burn-out in my current job.				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The workload for my job is reasonable.				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can voice my opinions without fear of criticism.				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I receive recognition or praise for doing good work.				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Someone at work encourages my professional development.				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Someone at work seems to care about me as a person.				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



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- 2 Please answer the following questions about the overall work climate at RMC.

1 Strongly Disagree 2 Disagree 3 Agree 4 Strongly Agree N/A

RMC treats my work-life needs with sensitivity.

1 2 3 4

If I requested a flexible work arrangement, I would be supported.

1 2 3 4

I have the tools I need to do my job well.

1 2 3 4

RMC focuses on results, rather than the amount of time that I am "at my desk".

1 2 3 4

When I am sick, I have support to stay at home and not work.

1 2 3 4

RMC culture encourages employees to take breaks.

1 2 3 4

RMC strives to enhance employee morale.

1 2 3 4

Employees are encouraged to participate in workplace health matters and initiatives.

1 2 3 4



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- 3 Please answer the following questions about the overall work climate at RMC.

1 Strongly Disagree 2 Disagree 3 Agree 4 Strongly Agree N/A

Wellness incentives exist (contests, challenges, activities, tools).

<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/>
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There are stretch and nutrition breaks at meetings.

<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/>
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We strive to minimize the amount of unhealthy food we bring into the building and eat at work.

<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/>
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RMC has a process in place that allows employees to provide input on how to improve their work environment.

<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/>
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Employee input is acted upon within a timely manner.

<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/>
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RMC treats employees fairly; with respect and dignity.

<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/>
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I enjoy being around my co-workers.

<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/>
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I look forward to coming to work.

<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/>
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I am committed to supporting the mission and values of RMC.

<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/>
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4 RMC supports my:

1	2	3	4
Strongly Agree	Disagreee	Agree	Strongly Agree

Physical well being

<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
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Emotional well being

<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
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Social well being

<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
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RMC Culture Audit



5 Please rate your personal workspace:

	1 Poor	2	3	4	5 Excellent
Noise level	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Distractions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Privacy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lighting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Temperature	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Size	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Comfort of furniture for working	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

